

2018 ICCCNA BASKETBALL TOURNAMENT

PLAYER/PARTICIPANT/PARENT CONCUSSION AWARENESS FORM

Name of the Player _____ Email _____

DANGERS OF CONCUSSION

Athletes of all Sports are particularly vulnerable to the effects of concussion. Once considered little more than a minor “ding” to the head, it is now understood that a concussion has the potential to result in death, changes in brain function (either short term or long term). A concussion is a brain injury that results in a temporary disruption of normal brain function. A concussion occurs when brain is violently rocked back and forth or twisted inside the skull as a result of a blow to the head or Body. Continued participation in any sport following a concussion can lead to worsening concussion symptoms, as well as increased risk for further injury to the brain, an even death.

Player and parental education in this area is crucial-that is the reason for this document. Refer to it regularly. This form must be signed by a parent or guardian of each player who wishes to participate in “ICCCNA BASKETBALL TOURNAMENT”

Disclaimer: Indo-American Christian Children of Chicago and North America (ICCCNA) or its Board or officials are not legally responsible for any injuries or any other incident. Play at your own risk.

COMMON SIGNS AND SYMPTOMS OF CONCUSSION

- Headache, Dizziness, Poor Balance, Reduce Energy, Fever or tiredness
- Nausea or vomiting
- Blurred vision, sensitivity to light and sounds
- Fogginess of Memory, Difficulty Concentrating, Slowed thought processes and confused.
- Unexplained changes in behavior and personality or Loss consciousness.

BY-LAW 2.68 of any State and ICCCNA Policy an National playing rules published by the National Federation of State High School Associations, any athlete or player who exhibits signs, symptoms, or behavior consistent with a concussion shall be immediately removed from the practice or contest and shall not return to play until an appropriate Doctor and health care professional has determined that no concussion has occurred.

- a) No athlete is allowed to return to a game or practice on the same day even concussion has diagnosed.
- b) Any Player or athlete diagnosed with a concussion shall be cleared medically by an appropriate health care professional prior to resuming participation in any future practice or contest. The formulation of a gradual return to play protocol shall be a part of the medical clearance.
- c) Players participate free on-line course on concussion course management at www.nfhslern.com

I HAVE READ THIS FORM AND IN UNDERSTANT THE FACTS OF CONCUSSION FORM.

YOUR SIGNATURE _____ PARENT SIGNATURE _____ DATE _____